## Early Childhood, Primary and Elementary 2022-2023 Lunch and Breakfast Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	7
	Mini Donuts Assorted Fruit	Muffins Assorted Fruit	Cinnamon Roll Assorted Fruit	Fruit Strudel Pastry Assorted Fruit	Apple Cinnamon Toast Assorted Fruit	
BREAKFAST	Milk/Juice	Milk/Juice	Milk/Juice	Milk/Juice	Milk/Juice	Bre
5 × 5	Chicken Tenders/Dinner Roll	Toasted Cheese Sandwich	Chili Cheese Coney	Doritos Walking taco	Round Cheese Pizza	Lunch
200	Cheeseburger	Cheese Filled	Chicken Patty Sandwich	Hot Dog	Sub Sandwich	
	Seasoned Green Beans	Breadsticks/Pizza Sauce Tomato Soup	Carrot Slices	Refried Beans	Seasond Corn	Menu and variety of offerings a
WEEK 1	Seasoned Crinkle Fries	Broccoli	Side Selad	Salsa/Shredded Lettuce	Baby Carrots	* OFFERED DAILY:
WEEK	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Weeks 1 and 3: Bagel
	Milk	Milk	Milk	Milk	Milk	Comes with all sides
WEEK 2	Chris P Chicken /w Dinner Roll	Omelet w/Pancakes	Mac and Cheese	Pierogies/Garlic Breadstick	Wild Mikes Breadstick Bites w/Pizza Sauce	Weeks 2 and 4: Wow B
	Cheeseburger	Cheese Filled Breadsticks/Pizza Sauce	Chicken Patty Sandwich	Hot Dog	Roll / Yogurt	and goldfish. Comes w
	Seasoned Green Beans	Sauce	Baby Carrots	California Blend Vegetables	Sub Sandwich	For complete nutritional and allergen in Departments >> Food Services >> Me
	Seasoned Crinkle Fries	Tator Tots/Carrot Slices	Broccoli	Assorted Fruit	Seasoned Corn/Baked Beans	Departments >> Food Services >> we
	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	NEW!! Online payments ca
	Milk	Milk	Milk	Milk	Milk	Cash or check payments m
WEEK 3	Chicken Nuggets/Dinner Roll	Mini Turkey Corn Dogs	Pretzel w/Cheese	Nachos w/Teco Meat & Cheese	Round Cheese Pizza	moving smoothly and quic
	Cheeseburger	Cheese Filled	Chicken Patty Sandwich	Salsa	Sub Sandwich	funds will be added to the
	Seasoned Green Beans	Breadsticks/Pizza Sauce Cucumber Stices	Baby Carrots	Hot Dog	Side Salad	Smart snack compliant extras are a
	Potato Smiles	Baked Beans	Broccoli	Refried Beans	Seasoned Green Beans	Charging is allowed for me
	Assorted Fruit	Assorted Fruit	Assorted Fruit	Shredded Lettuce	Assorted Fruit	Families are responsible for
	Milk	Milk	Milk	Assorted Fruit Milk	Milk	
WEEK 4	Chris P Chicken /w Dinner Roll	CHILI SPAGHETTI W/CRACKERS	FRENCH TOAST W/ SAUSAGE PATTY	Tangerine Chicken w/Rice - Elementary Bldg Only	Pizza Crunchers	Visit www.payschoolscentra
	Cheeseburger	Cheese Filled	Chicken Patty Sandwich	Soft Taco -Primary and ECC	Sub Sandwich	Please contact Ron McWho
	Seasoned Green Beans	Breadsticks/Pizza Sauce Seasoned Corn	Carrot Slices	Bldg Hot Dog	Baked Beans	with any questions or conce
	Potato Smiles	Baby Carrots	TATER TOTS	Broccoli/Cucumber Slices	Side Salad	1
	Assorted Fruit	Assorted Fruit	Assorted Fruit	Salsa	Assorted Fruit	
				Assorted Fruit		
	Milk	Milk	Milk	Milk	Milk	This institution is an equal opp
	ek is represented by a color a	the state of the s		What Makes a	W	hat Makes a
Week 1	Week 2	Week 3	Week 4	Break	ast? s	Select 3-5 Com
Aug 15th Sept 12th	Aug 22nd Sept 19th	Aug 29th Sept 22nd	Sept 5th Oct 3rd	Qala	ont O	
JULIA IALII	Seht 13til	ocht rend	OCL JIU	TURDA Nelional	/ / /	



eakfast \$1.50/Reduced \$0.30 Adult \$2.50

\$2.55/Reduced \$0.40 Additional Lunch \$2.55

Extra Milk &0.55 Adult Meals \$4.10

are subject to change due to product availability

Meal with Yogurt, Cheese Stick and Cream Cheese.

s offered and milk

Butter PB&J (Peanut Free), Cheese stick or Yogurt with all sides offered and milk

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an be made by credit card at PaySchoolsCentral.com.

may be sent in with your student. To keep lines

ckly no change will be given at the register. Surplus

student's lunch account for future purchases.

available for purchase

neals only. Students may charge up to \$10.00

for negative balances

al.com to fill out a FREE/REDUCED application.

orter, Food Service Director erns at rmcwhorter@lmsdoh.org / 513-899-2264

portunity provider.

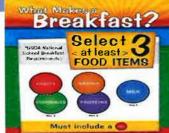
## Oct 10th Oct 17th Oct 24th Nov 14th Nov 21st Nov 7th Dec 5th Dec 12th Jan 3rd Jan 16th Jan 23rd

Feb 13th

Mar 13th

Apr 17th

Oct 31st Nov 28th Jan 9th Jan 30th Feb 6th Feb 20th Feb 27th Mar 6th Mar 20th Mar 27th Apr 3rd Apr 24th May 1st May 8th May 22nd





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